

| Time | Monday, August 29 | Tuesday, August 30 | Wednesday, August 31 | Thursday, September 1 |
|---------------|--|--|---|---|
| 9:00 – 10:15 | 1. Introduction 2. Student Services (SASS) | Biology Lecture (Dr. Caroline Petit-Turcotte) | Research Techniques (Mentors) | Self-Regulated Learning Skills for Academic Success (Dr. Alison Flynn) |
| 10:15 – 10:30 | Break | Break | Break | Break |
| 10:30 – 12:00 | Academic Fraud (Dr. Alain St-Amant) | Lab Report Writing (Dr. Rashmi Venkateswaran) | Building a Weekly Schedule (Mentors) | Problem-Solving (Dr. Kathy-Sarah Focsaneanu) |
| 12:00 – 1:00 | Lunch | Lunch | Lunch | |
| 1:00 – 2:15 | 1. Mini-Lecture 2. Note-Taking (Dr. William Ogilvie) | Math Lecture (Dr. Frithjof Lutscher) | Reading Techniques (Mentors) | Mental Resilience (Canadian Armed Forces) |
| 2:15 – 2:30 | Break | Break | Break | |
| 2:30 – 4:00 | Campus Tours (Mentors) | Chemistry Lecture (Dr. Wendy Pell) | Exam Preparation (Mentors) | |